

CV

TERESA FABIÃO is a dancer, educator, activist and researcher in the field of dance. Since 1989, she has developed a multidisciplinary path of creation, training and research, in transits between different languages of the body (ballet, contemporary, African and Afro-Brazilian dances), and between different contexts of dance making-thinking (academic, artistic and popular context). She has a Doctorate in Performing Arts (2016), a Masters in Dance (2011) and a Post-Graduation in Contemporary Dance Studies (2008), degrees awarded by the Federal University of Bahia, with grants from the Brazilian government. Certified in Expressive Arts Therapy by the Tamalpa Institute (California) with Anna Halprin. Author of the book "African Dances and Interculturality in Portugal" (2014). From 2008 to 2016, she resided in Brazil where she learned and collaborated with several choreographers, dancers and masters of popular culture. She taught the degree in Performing Arts at the Escola Superior de Tecnologias e Artes de Lisboa in 2017, and at the Arte Total School (Braga) in 2018. of research in Cultural Studies.

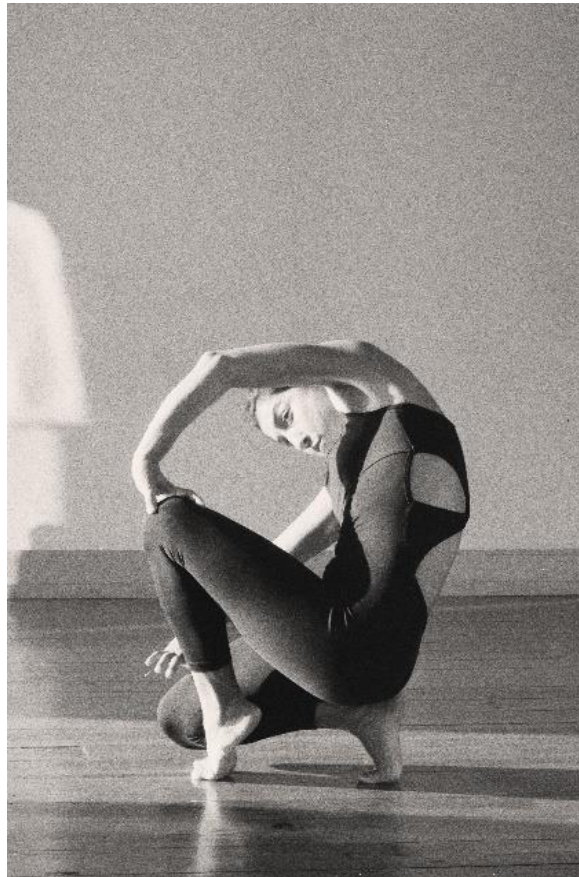
Co-founder of VIRAL, a pioneering collective in Portugal that proposes the performing arts as a space for re-signification of the imaginaries related to hiv. Member of the International Community of Women Living with HIV. She regularly collaborates with Seres, the only association in Portugal for women living with hiv. Winner of the EYE Program of the European Union, with a project that crosses art, health and education.

Her transatlantic creation won the Support for Performances Tours / GDA (2018) in Spain, Brazil and Italy. Creator and co-founder of "Corpo de Encontro", a creative laboratory in partnership with different spaces/creators in Porto. She has received several scholarships and has worked/lived/taught in Portugal, Brazil, Spain, Italy, Colombia, Benin, Cape Verde, USA.

Currently, she has just premiered the performance UNA, a research on the crossings between art & viruses and on her ten-year journey as a woman living with hiv, awarded by the Gulbenkian Foundation, GDA Foundation and by CAMPUS / Teatro Municipal do Porto / Rivoli.

Its mission is to (re)connect people with the wisdom of their bodies and their creative expression. In her artistic and pedagogical practice, she explores the metaphorical relationship between movement and the way we interact with the world, defending an intertwining between creative/intercultural/interpersonal processes. Its action expands through different levels of consciousness (physical, emotional, mental, social, environmental), sharing a path that combines personal development, artistic expression and social commitment. Teresa defends dance as a practice of social transformation, in its potential to bring people and communities together.

"What moves me is to create a space for greater awareness, dialogue, diversity and collective transformation. For me, movement is a somatic, therapeutic and artistic experience, a way to create meaning, intention and be the change we want to see in the world." (Teresa Fabião)



➤ **PORTFOLIO: PERFORMANCES EM DESTAQUE:**

- Teaser “**UNA**” (2021):
<https://youtu.be/r3urMKy1L3Y>
- Teaser “**Uma Outra de Si**” (2018):
<https://www.youtube.com/watch?v=gVoPsKiKnJg>
- Teaser “**Guelra**” (2016)
<https://www.teresafabiao.net/guelra>
- Teaser “**transAtlântica**” (2015):
<https://www.teresafabiao.net/transatlantica>
- Teaser “**Sagrado Segredo**” (2012):
<https://www.teresafabiao.net/sagrado-segredo>

➤ **PORTFOLIO: ARTIVISMO EM DESTAQUE:**

➤ Reportagem Coletivo **VIRAL**

<https://bit.ly/2Zi7MNU>

- Entrevista SIC
<https://www.youtube.com/watch?v=wqRpQXb0s-g>
- Entrevista Gerador, principal meio de comunicação de cultura em Portugal:
<https://bit.ly/3dQ8d69>
- Artigo Jornal PÚBLICO "Dançar a vida como mulher hiv+"
<https://bit.ly/2ZwiiSn>

COMPETENCES

Choreographic Research & Creation
Somatic Techniques & Body Awareness
Expressive Arts
Improvisation Techniques
Contemporary Dance Techniques
Intercultural dialogue in dance
Dance & Diversity

SCHOLARSHIPS & AWARDS

2021- Grant for Artistic Creation of the Calouste Gulbenkian Foundation with the transdisciplinary performance UNA.

2021- Grant for GDA Foundation Dance Performances with the transdisciplinary performance UNA.

2021- Grant of the CAMPUS / TMP / Rivoli Residency with the UNA transdisciplinary performance.

2021- Winner of the European Community Support “EYE Program”.

2020- Anna Halprin/ ArtCorps Scholarship Fund of the Tamalpa Institute (California) for Level 2 of the “Life/ Art Process” Certification.

2019- Winner of the GDA Foundation Artistic Specialization Grant for Level 1 of the “Life/Art Process” Certification at the Tamalpa Institute (California).

2017- Winner of the Grant for the Performance Tours from the GDA Foundation, with the solo “transAtlântica”.

2013- Winner of the Artistic and Cultural Mobility Grant (FCBA/ Brazil) to develop TRACES – training for professional dancers, in Benin (Africa).

2013/2016- CAPES Scholarship (Brazil) to attend the PhD in Performing Arts (Federal University of Bahia).

2009- Winner of the Yanka Rudzka Grant (FUNCEB/ Brazil), with the choreographic work “Sorria... Você está na Bahia”, a collective creation show, directed by Norma Santana.

2009/2011- FAPESB Scholarship (Brazil) to attend the Masters in Dance (Federal University of Bahia).

ARTISTIC TRAINING

2021- Specialized Training "PULSO - Production and Mentorship for Choreographers" (71h / online).

2019/2020- Certification in “Life/Art Process” at Tamalpa Institute (California) with Anna Halprin & Daria Halprin.

2012/2016- PhD in Performing Arts (Federal University of Bahia) with theoretical-practical research on “Creation in dance driven by cultural transits between Brazil-Portugal”

2009/2011- Master in Dance (Federal University of Bahia) with research on “African Dances and Interculturality in Portugal”

2013- TRACES (Centre Culturel Artistik Africa/ Benin), training for professional dancers with Frey Faust (USA/Germany) and Francesca Pedulla (Italy)

2010/2011- Gyrokinesis® training at Polestar Education/ Physio Pilates (Brazil)

2008-2010- Professional Dancer / Choreographer Course at FUNCEB/ Cultural Foundation Dance School (Brazil)

2008- Postgraduate Studies in Contemporary Dance (Federal University of Bahia)

2001/2006- Graduation in Sound and Image (Portuguese Catholic University)

1997/2000- Intermediate [ex-Elementary] (Vocational Graded Syllabus) at the Royal Academy of Dance/Arte Total (Portugal)

1990/2000- Grade 8 Award (Graded Examination Syllabus) at the Royal Academy of Dance/Arte Total (Portugal)

CHOREOGRAPHING

2021- “UNA” at the Mindelact Festival / Mindelo International Festival of Performing Arts (Cape Verde).

2020- HIVisible”: artist performance by Coletivo Viral [collective creation with Teresa Fabião, Paolo Gorgoni, Emanuel Caires, Francisco Pereira, Marcelo Andrade; simultaneous actions in Rome, Bologna, London, São Paulo].

2019- “Uma Outra de Si” (Portugal) at Quinta Nómada at Mira Artes Performativas (Porto)

2018- "What comes before" /CITY LABS at Festival dos Canais (Aveiro) [collective creation between Teresa Fabião, Sonia Carvalho, Rebecca Moradalizadeh and Vanessa Fernandes]

2017- Arco&Flecha (Portugal) [collective creation]

2016- "Guelra": guest choreographer at the Choreographic Transcreation Laboratory (Arte Total/ Braga)

2015- "transAtlântica" with performances in Portugal, Spain, Italy and Brazil

2012- "Salvo Conduto": guest choreographer of the site-specific artistic residency at the Biscainhos Museum (Braga)

2010- "Sotaque Seu Toque" (Brazil)

2009- "Tecitura" (Brazil)

2006- DJAMBOONDA (Portugal) [collective creation]

2005/2007- SEMENTE (Portugal) [collective creation]

PERFORMING

2019- "Uma Outra de Si" (Portugal) at Quinta Nómada at Mira Artes Performativas (Porto)

2017- "Elan" by Charlotte Bispo (Portugal)

2012- "Sacred Secret" by Åsa Malmström (Sweden/ Brazil)

2011/2012- "RAW" by Giovanni Luquini (Brazil)

2010/2013- "Women without Breasts" by Åsa Malmström (Sweden/ Brazil)

2009- "Pogo" by João Rafael Neto (Brazil)

2008/2009- "Smile, you are in Bahia" by Norma Santana (Brazil)

2008- "Islands" by Victor Navarro (Spain). for the company Balé do Teatro Castro Alves (BTCA/ Brazil)

2008- "Lama" by the collective Sotão 73 (Brazil)

2008- Performer-creator in "Metamorphosis (or the paradox of modernity)" by Frank Handeler (Germany)

2006- Participation in several shows as a performer- choreographer in the African dance and percussion project DJAMBOONDA

2005-2008- Participation in several shows as interpreter- choreographer in the multidisciplinary project with influences from the African diaspora SEMENTE

1993-2000- Performed in numerous performances with the Arte Total company (Braga)

MOVEMENT ASSISTANCE

2013- "CabraCega" by Ana Madureira and Pedro Fabião, satellite project of Circolando (Portugal).

2010- "Autolysis", by Thiago Enoque, winner of the Yanka Rudzka Public Notice of FUNCEB/SECULT (Brazil).

TEACHING

2021- Workshop "Dançar a Vida" that interweaves art, health and education at the ngo ACCAS in Spain (5 months).

2018/2019- Contemporary Dance Teacher in various spaces in Porto (Dansendo, Mira Artes Performativas/ Porto)

2017/2018- Contemporary Dance Teacher (Arte Total/ Braga)

2017/2018- Gyrokinesis teacher in different spaces in Porto (Moksha, Change, Gândara/ Porto)

2016/ 2017- Professor of Contemporary Dance and Choreographic Research in the Graduation in Performing Arts at Escola Superior de Tecnologias e Artes de Lisboa (ESTAL)

2016/ 2017- Gyrokinesis® Teacher (Yoga Sobre o Porto)

2016- Gyrokinesis® Workshop (Living Body/ Thorn)

2016- Gyrokinesis® Teacher (Espaço Equilibrium/ Lisbon)

2014- Gyrokinesis Workshop at the Andanças Festival/ Portugal)

2013/ 2014- Gyrokinesis® Teacher (Kryacura Space/ Salvador)

2013- Gyrokinesis® Teacher (Contemporary Dance School/ Salvador)

2012- Professor of Gyrokinesis® (Federal University of Bahia)

2011- Creative Dance Teacher (FUNCEB/ Salvador)

2007- Creative Dance Teacher (Arte Total/ Braga)

2007- Afro-Contemporary Teacher (Total Art/ Braga)

PUBLICATIONS

2014- Author of the book “African Dances and Interculturality in Portugal”

2013- Article “Dance creation in dialogue with local corporeality” in the Annals of the International Conference (Im)Perfect Bodies in Contemporary Performance (Portugal)

2013- Article “African dances in Portugal: artistic and pedagogical practices” in Migrações Magazine (ACIDI/ Portugal)

2011- Article “Dance and Interculturality: Questions about African dances in Portugal” in the Annals of the VII Eneucult-Meeting of Multidisciplinary Studies in Culture (Brazil)

2011- Article “African Dances and Interculturality: artistic and pedagogical practices in Portugal” in the Angolan Journal of Sociology (Angola)

2009- Article “The dance of the African diaspora in the socio-pedagogical context of Portugal” in the Magazine “O Mosaico: Revista de Pesquisa em Artes” (Brazil)

COMPLEMENTARY TRAINING

2021- Masterclass Testimonial dramaturgy with Mariana from Althaus (Peru).

2021- Artists’ Self Production Workshop with Fabio Vidal (Brazil).

2021- Workshop “Life/Art Process for Trauma Healing” with Rosario Sammartino (USA/Argentina).

2021- Workshop “Art as a Virus” with Franco Fonseca (Brazil).

2020- Workshop ‘The body of the voice, the voice of the body’ with Costanza Givone, Ece Canli (Italy).

2020- Workshop Responsive Body with Holly Johnston (USA).

2019-2021- Regular Capoeira Angola classes with Contramestre Fantasma (Brazil).

2020- Regular Capoeira Angola classes with Broderick Rodell (USA).

2020- Regular Capoeira Angola classes with Sérgio Bitencourt Ferreira (Brazil).

2019- Workshop with Lia Rodrigues, organized by Festival DDD (Porto).

2019- Workshop with Marcelo Evelin, organized by Festival DDD (Porto).

2018- Flying Low Workshop, with the creator of the method David Zambrano, organized by Festival DDD (Porto) (25h)

2018- Workshop "How to Internationalize a Project?" with Iva Horvat, organized by FITEI (Porto).

2017- Fighting Monkey Workshop (Creativity/Mobility), organized by Circolando (Porto) (3pm).

2017- Gaga Workshop with Idan Porges (Israel), organized by Quorum Ballet, Amadora (1 pm).

2017- Gaga Workshop with Yaniv Avraham (Israel), organized by Quorum Ballet, Amadora (3pm).

2016- Videodance Workshop "Choreographing the Camera" with Nicola Hepp (Netherlands), organized by the InShadow International Video, Performance and Technologies Festival (Lisbon) (3h).

2016- Workshop on Dance and Movement Therapy, with Jeannette MacDonald (clinical coordinator and supervisor of the DMT course at the Laban Center, in London and precursor of the method), organized by Psinove, in Lisbon. (12 pm).

2016- Choreographic Composition Workshop with Emanuel Gat (Israel), organized by Teatro Municipal do Porto/Rivoli. (3h).

2015- Masterclass with Morena Nascimento (Brazil/Germany), organized by the Dance School of the Cultural Foundation, Salvador (3h).

2014- Real Time Composition Workshop with João Fiadeiro (Portugal) (8h).

2014- Regular Contemporary Classes with Paula Moreno (Portugal), organized by Companhia Instável (Porto).

2013- Workshop "A Piece in Fast Forward" with Tânia Carvalho (Portugal), organized by the International Festival of Performing Arts (FIAC/ Salvador) (3h).

2012- Free singing lessons with AlimaCanta/ Mariana Pereiro (Argentina) (10h).

2012- Masterclass with Angel Vianna (Brazil) Faculdade Angel Vianna, Rio de Janeiro (3h).

2011-2016- Regular classes of Capoeira Angola with Contramestre Sapoti (Brazil).

2011- Contemporary Dance Workshop with La Intrusa Danza (Spain), organized by Teatro Vila Velha (Salvador) (3h).

2011- Workshop on Dance and Symbology of the Orixás with Augusto Omolú from Odin Teatret (Dimarca/ Brazil) organized by the Dance School of the Cultural Foundation, Salvador (3h).

2010- Physical Theater Workshop "The Body as an Expressive Medium" with Fábio Vidal (Brazil), organized by the International Festival of Performing Arts (FIAC/ Salvador) (3h).

2010- Course in the Art of the Clown with Alexandre Luis Casali (Brazil), organized by Espaço Kryacura, Salvador (12h).

2009- Traditional and Afro-contemporary African Dance Workshop with Allosse Oscar (Benin), organized by Ballet Folclórico da Bahia (Salvador) (6h).

2009- Traditional African Dance Workshop with Elsa Wolliaaston (United States / France), organized by the International Festival of Performing Arts (FIAC/ Salvador) (3h).

2009- Isadora Duncan Technique Workshop, with Lori Belilove (USA/The Isadora Duncan Dance Company), organized by the Cultural Foundation Dance School, Salvador (6h).

2008- Physical Perception Workshop with Alejandro Ahmed (Scene 11/ Brazil), organized by the International Festival of Performing Arts (FIAC/ Salvador) (3h).

2008- Contemporary Dance & Hip-Hop Workshop with Vanilton Lakka (Brazil), organized by the International Festival of Performing Arts (FIAC/ Salvador) (3h).

2008- Body-Mind Centering Workshop with Lela Queiroz (Brazil), organized by the Federal University of Salvador (9h).

2008- Orixás Dance Workshop, with Vera Passos, former dancer of the Ballet Folclórico da Bahia (Brazil), organized by Espaço Cultural 2 de Julho (Salvador) (10h).

2007- Contemporary Dance Workshop with Peter Michael Dietz (Portugal/ Denmark), organized by Arte Total (Braga) (20h).

2007- Site-specific Choreographic Composition Workshop with Maria Ines Villasmill (Venezuela/Holland), organized by Arte Total (Braga) (20h).

2007 – Afro-Sacred Dance Workshop facilitated by Thatiana Lobo, organized by ACARO-cultural association of organized arts (15h).

2005 - African Dance Workshop directed by dancer Angelina Akpovo (Benin/Germany), organized by Conny Kadia's Mondega School of djembé & doundoun. (final performance at Cais de Gaia) (30h).

2004- Movement Workshop with Amélia Bentes (Portugal), organized by the Core of Choreographic Experimentation (Porto) (6h).

2001- Contemporary Dance Workshop with Paulo Henrique (Portugal), organized by Arte Total (Braga) (20h).

2001- Contemporary Dance Workshop with Aldara Bizarro (Portugal), organized by Arte Total (Braga) (20h).

2000- Contemporary Movement Workshop with Pedro Berdayes (Spain), organized by the Porto Dance Center (9h).

1998- Butoh Workshop with Maria de Reis Lima (Portugal), organized by Arte Total (Braga) (20h).

1998 - IX International Dance Course, in Póvoa de Varzim, in Modern Jazz, Contemporary, taught by professors Colin Sinclair, Pedro Sandiford and Sophia Neuparth, organized by Associação Nós da Dança (26h).

1996- Contemporary Dance Workshop with Peter Michael Dietz (Portugal/Denmark), organized by the “III Dance Week in Guimarães” (10h).

OTHER EXPERIENCES

2010- Thai Massage Course (Brazil)

2010/2014- Vipassana Meditation Course (Brazil and Portugal)

Fluent in Portuguese, English and Spanish. Basic French

CONTACTOS

+351 918956919

terefabiao@gmail.com

07 Janeiro 2022